



The National Physique Committee announces the creation of a new division called Classic Physique. Competition will take place in the following categories:

DIVISION "A" (UP TO AND INCLUDING 5' 7")

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| • Up to and including 5' 4" | Up to and Including 155 lbs |
| • Over 5' 4", up to and including 5' 5" | Up to and Including 160 lbs |
| • Over 5' 5", up to and including 5' 6" | Up to and Including 165 lbs |
| • Over 5' 6", up to and including 5' 7" | Up to and Including 170 lbs |

DIVISION "B" (OVER 5' 7", UP TO AND INCLUDING 5' 10")

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| • Over 5' 7", up to and including 5' 8" | Up to and Including 177 lbs |
| • Over 5' 8", up to and including 5' 9" | Up to and Including 185 lbs |
| • Over 5' 9", up to and including 5' 10" | Up to and Including 192 lbs |

DIVISION "C" (OVER 5' 10")

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| • Over 5' 10", up to and including 5' 11" | Up to and Including 200 lbs |
| • Over 5' 11", up to and including 6' 0" | Up to and Including 207 lbs |
| • Over 6' 0", up to and including 6' 1" | Up to and Including 215 lbs |
| • Over 6' 1", up to and including 6' 2" | Up to and Including 225 lbs |
| • Over 6' 2", up to and including 6' 3" | Up to and Including 232 lbs |
| • Over 6' 3", up to and including 6' 4" | Up to and Including 240 lbs |
| • Over 6' 4", up to and including 6' 5" | Up to and including 247 lbs |
| • Over 6' 5", up to and including 6' 6" | Up to and including 255 lbs |
| • Over 6' 6", up to and including 6' 7" | Up to and including 262 lbs |
| • Over 6' 7" | Up to and including 270 lbs |
| • | |
| • For contests with 2 classes only | |
| • Up to and including 5' 7" | Must make weight as indicated above |
| • Over 5' 7" | Must make weight as indicated above |

The Judging is scored 100% and will consist of comparisons of the quarter turns and the following four mandatory poses:

- Front Double Biceps
 - Side Chest
 - Back Double Biceps
 - Abdominals and Thighs
 - Favorite Classic Pose (No Most Muscular)
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The Finals will consist of:

- **Posing routine (up to a maximum of 60 seconds)**
- **Confirmation round (if necessary)**
- **Posedown (overall title only)**

For 2016 only, No crossovers are permitted however if an athlete does not make weight, they have the option of competing in bodybuilding or men's physique with proper attire for the division – trunks for bodybuilding and board shorts for men's physique. Athletes can however compete in another division at another NPC event but not on the same day.

In order to compete at a National contest in 2016, athlete must have competed in a NPC Classic Physique event, no other qualification is required.