



Presents

2011 NPC KENTUCKYMUSCLE BODYBUILDING & FIGURE & BIKINI CHAMPIONSHIPS A NATIONAL QUALIFYING EVENT (NPC sanction #10802)

Open to all competitors regardless of residence

- LOCATION:** The Kentucky International Convention Center, 221 4th Street, Louisville, KY 40228. For directions go to www.KentuckyMuscle.com or www.expedia.com/Maps and use the above address as the destination.
- LODGING:** Galt House Hotel & Suites | 140 North Fourth Street | Louisville, KY 40202 | 502.589.5200
(Make your reservations directly with the hotel. Group Name: **KentuckyMuscle**) Make your reservation early!!! **Group Room Rate: \$104.00 single \$119.00 suite**
- TANNING** Liquid Sun Rayz is our tanning sponsor and will be at the host hotel for tanning. Contact Marilyn at 513.460.6152 or visit <http://liquidsunrayz.com> to make an appointment.
- MAKEUP:** Glossa is our tanning sponsor and will be at the host hotel for Makeup. Contact Lyndsey at 859.816.5647 or visit <http://www.glossamakeup.com> to make an appointment.
- ELIGIBILITY:** This contest is open to all NPC registered athletes who meet the following requirements:

1. Possess a current 2011 NPC card (unregistered athletes may purchase cards for \$100 at check-in).
2. Novice contestants are eligible if they have never won an overall title in any NPC sanctioned event.
3. Men's Masters, Master's Figure, and Master Bikini must meet the age requirements for the class they are entering.
4. Teenage contestants may not have reached their 20th birthday by the day of the show.
5. All Open Figure and Bikini competitors must be 18 years of age or older the day of the contest.
6. Bodybuilding, Figure, and Bikini contestants may crossover to their open division only. Men's Physique is not allowed to crossover to bodybuilding Division.
7. Each crossover contestant must pay a separate entry fee for each division entered (\$65 per division or \$130 total).
8. The Men's Open, Women's Open, Bikini and Open Figure classes are NPC national qualifying events.

SCHEDULE:

OCT 31, 2011 Last day to register

Friday, November 4 at the Galt House, 140 N Fourth St, Louisville, KY 40202.

CHECK IN / WEIGH IN / HEIGHT CHECK SCHEDULE: (Bodybuilding competitors must wear competition posing suits at weigh-in.)

6:45 pm 2011 NPC Cards available for purchase (\$100 cash, check, or money order only)

7:00 pm Teenage, Novice, Masters Bodybuilding – must wear posing suits and bring music CD to weigh-in

7:30 pm Womens and Open Bodybuilding – must wear posing suits and bring music CD to weigh-in

7:45 pm Masters and Open Figure

8:10 pm Masters and Open Bikini

8:30-9:00 pm FINAL CHECK IN / WEIGH IN / HEIGHT CHECK: all divisions

All competitors must check-in on Friday evening, November 04. There will be no late check-in on Saturday morning.

Saturday, November 5 at Kentucky International Convention Center

9:00 am NPC Athlete Briefing

10:00 am IFBB Pro-Figure Prejudging

11:30 am NPC Bodybuilding, Figure, Bikini, Physique prejudging

7:00 pm IFBB Pro-Figure & NPC Bodybuilding, Figure, Bikini, Physique Finals

All competitors must check-in on Friday evening, November 4. There will be no late check-in on Saturday morning.

7:00 pm IFBB Pro-Figure & NPC Bodybuilding, Figure, Bikini, Physique Finals