



KentuckyMuscle Dance Competition

October 19-20, 2018

Kentucky Muscle is excited to offer a new division of competition. Introducing KentuckyMuscle Dance Competition. School and All-Star teams can compete in Jazz, Hip Hop, Lyrical/Contemporary and Open.

Registrations must be received by October 10, 2018!

When & Where

Friday and Saturday, October 19-20, 2018

KY International Convention Center

221 South 4th Street, Louisville, KY 40202

Doors open at 7:00 P.M. on Friday and 8:30 A.M.

on Saturday

Contact Information

Please email your questions to JCDanceChoreography@yahoo.com or contact:

Joshua Clauser (502) 296-1823

General Admission: \$20 at the door

Please no outside food or drinks



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Rules

- 1. Supervision—All teams must be supervised during the event by a coach/sponsor.**
- 2. Music—You must leave a copy of your music at check in that will be used for your performance.**
- 3. Time Limits—Each team will have a minimum of 1.5 minutes and a maximum of 2.5 minutes to execute the routine. The clock will begin with the first beat of the music and will end with the last beat of music or movement on the floor. A five (5) point penalty will be deducted for breaking time limitations. Entrance onto the floor will not be judged.**
- 4. Age Limits—It is the School/Studio responsibility to provide proof of age/grade if necessary. Any team proven to be in violation of age/grade guidelines will be disqualified immediately without refund of registration fees.**
- 5. Divisions—Divisions may be divided into line, large and small depending on the number of registrants.**
- 6. Any pictures or videos taken by KYMuscle Dance Competition staff may be used for future promotion purposes.**
- 7. *NO Back Handsprings or Back Flips!!! No Props!!***



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Divisions and Categories

The oldest dancer must be in the grade/age specified for the team to qualify for a particular division.

School Teams

Divisions:

Elementary 5th Grade and Under

Elementary Intermediate *

Middle School 6th—8th

Grade Middle School

Intermediate *

Junior Varsity 9th—11th Grade

Junior Varsity Intermediate *

Varsity 9th—12th Grade

Varsity Intermediate *

Categories:

Jazz, Hip Hop, Lyrical/Contemporary and Open Team Performance

Studio/All-Star

Teams Divisions:

Mini 9 years old and younger

Youth 12 years old and younger

Junior 15 years old and younger

Senior 18 years old and younger



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Categories:

Jazz, Hip Hop, Lyrical/Contemporary, Variety, and Solo, Duet/ Trio Performance

Judging, Scoring & Prizes

Awards will be given to competitors in each division for each category. Senior and Junior "Grand Champion" will be awarded a trophy and a banner.

Awards will be presented in each session to each of the following categories:

Spirit Award, Best Choreography, Most Entertaining

Fees

\$30 entry fee per dancer

\$10 entry fee per dancer for additional routines

1 Free Coaches for each registered team

Solo: \$40

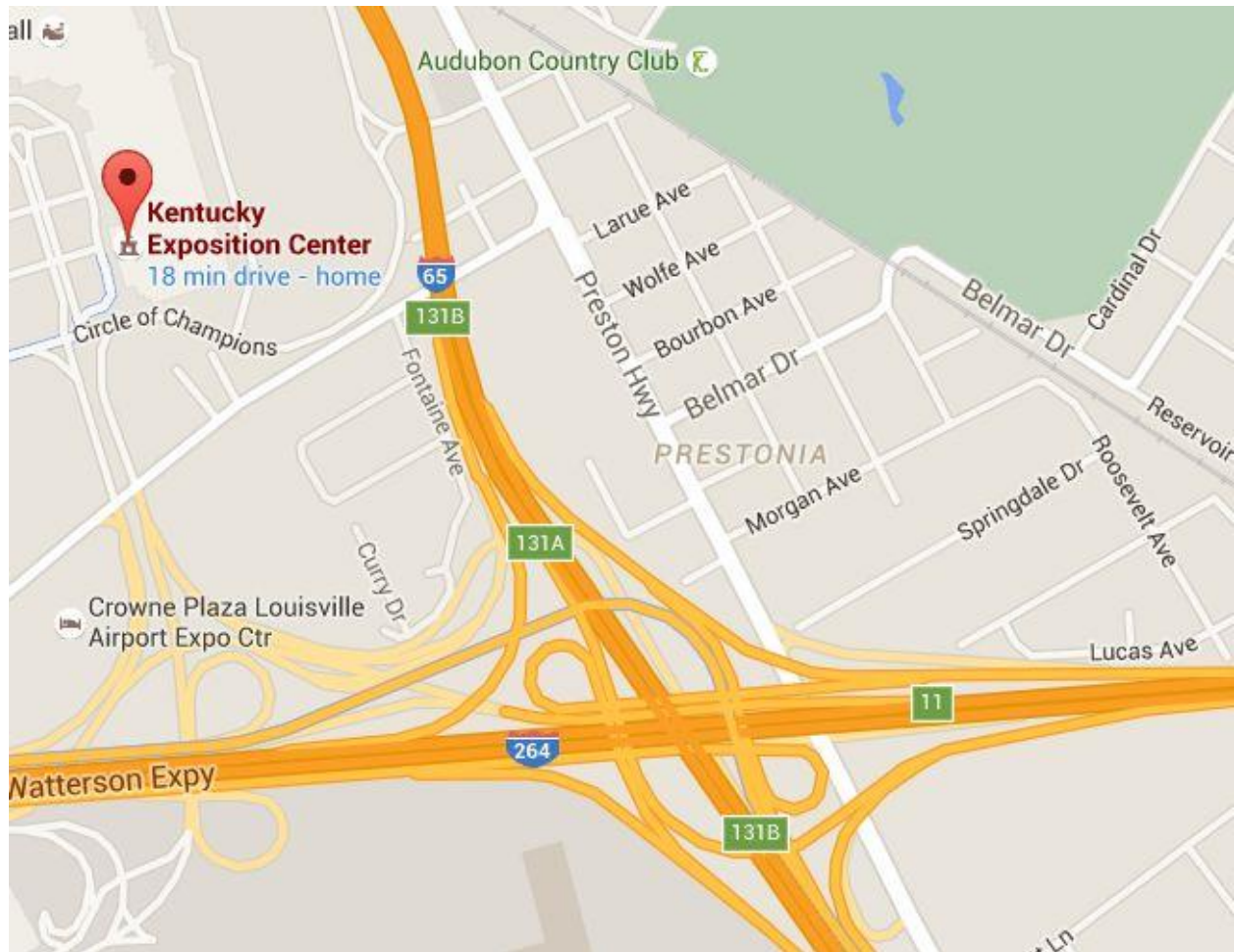
Duet/Trio: \$60

Make Check Payable to: JCDanceChoreography. Send Registration, Waiver, & Payment by October 10st (No Refunds**)**

**JCDanceChoreography
c/o Joshua Clauser
111 N. Ewing Ave #A11
Louisville, KY 40206**



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October 19-20, 2018





**KentuckyMuscle Dance Competition
October 19-20, 2018**

KentuckyMuscle Dance 2018 Registration Form

School/Studio Name _____

Coach/Sponsor _____

Address _____

City _____ State _____ Zip _____

Phone # (cell) _____ (work) _____

Coach/Sponsor email: _____

ROUTINES: Enter # of dancers in each category

School Divisions	Jazz	Hip Hop	Lyrical/ Contemp	Open
Elementary				
Elementary Intermediate				
Middle School				
Middle School Intermediate				
High School				
High School Intermediate				



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Studio Divisions	Jazz	Hip Hop	Lyrical/ Contemp	Open
Mini All-star				
Youth All-star				
Junior All-star				
Senior All-star				

Groups:

First Group Routine:

By Sept 10 - \$30 x _____ #Dancers = \$ _____

Additional Routines:

\$10 x _____ #Dancers = \$ _____

Solos, Duets, Trios:

Studio Solos: \$40 x ____ # Solos = \$ _____

Studio Duets/Trios: \$60 x ____ # Duets/Trios = \$ _____

Dance Total: \$ _____

Please fill out and return this page with payment.
DANCE TEAM WAIVER FORM

As the parent or guardian of the participant listed below, by your signature, you are agreeing to assume all liability for their participation in the KY Muscle Dance Competition. In consideration of being allowed to participate in any way in the 2018 NPC KENTUCKYMUSCLE CHAMPIONSHIPS ("Event") promoted by L. Brent Jones("Promoter") , KentuckyMuscle, llc. I acknowledge, appreciate and agree that: The risk of injury from the activities involved in this Event is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE PROMOTER AND/OR THE NPC or others, and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation, if, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation
OFFICIAL ENTRY FORM: 2018 NPC KENTUCKYMUSCLE CHAMPIONSHIOPS FIGURE, BIKINI, BODYBUILDING, PHYSIQUE, FITNESS, DANCE
October 19- 20, 2018

School/Studio Name _____

Address _____ City _____ State ____ Zip _____

Phone # _____ Email _____

Coach's Signature: _____

	Participant Name	Grade (as of 8/1/18)	Guardian Signature	Date
1.				
2.				
3.				
4.				
5.				
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7.				
8.				
9.				
10.				
11.				
12.				

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	Participant Name	Grade (as of 8/1/18)	Guardian Signature	Date
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15.				
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	Participant Name	Grade (as of 8/1/18)	Guardian Signature	Date
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Coach's Signature: _____

	Participant Name	Grade (as of 8/1/18)	Guardian Signature	Date
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39.				
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