



## **KentuckyMuscle Dance Competition**

**October 19-20, 2018**

**Kentucky Muscle is excited to offer a new division of competition. Introducing KentuckyMuscle Dance Competition. School and All-Star teams can compete in Jazz, Hip Hop, Lyrical/Contemporary and Open.**

**Registrations must be received by October 10, 2018!**

### **When & Where**

**Friday and Saturday, October 19-20, 2018**

**KY International Convention Center**

**221 South 4<sup>th</sup> Street, Louisville, KY 40202**

**Doors open at 7:00 P.M. on Friday and 8:30 A.M.**

**on Saturday**

### **Contact Information**

**Please email your questions to [JCDanceChoreography@yahoo.com](mailto:JCDanceChoreography@yahoo.com) or contact:**

**Joshua Clauser (502) 296-1823**

**General Admission: \$20 at the door**

**Please no outside food or drinks**



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**Rules**

1. **Supervision**—All teams must be supervised during the event by a coach/sponsor.
2. **Music**—You must leave a copy of your music at check in that will be used for your performance.
3. **Time Limits**—Each team will have a minimum of 1.5 minutes and a maximum of 2.5 minutes to execute the routine. The clock will begin with the first beat of the music and will end with the last beat of music or movement on the floor. A five (5) point penalty will be deducted for breaking time limitations. Entrance onto the floor will not be judged.
4. **Age Limits**—It is the School/Studio responsibility to provide proof of age/grade if necessary. Any team proven to be in violation of age/grade guidelines will be disqualified immediately without refund of registration fees.
5. **Divisions**—Divisions may be divided into line, large and small depending on the number of registrants.
6. Any pictures or videos taken by KYMuscle Dance Competition staff may be used for future promotion purposes.
7. ***NO Back Handsprings or Back Flips!!! No Props!!***



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**Divisions and Categories**

The oldest dancer must be in the grade/age specified for the team to qualify for a particular division.

**School Teams**

**Divisions:**

**Elementary 5th Grade and Under**

**Elementary Intermediate \***

**Middle School 6th—8th**

**Grade Middle School**

**Intermediate \***

**Junior Varsity 9th—11th Grade**

**Junior Varsity Intermediate \***

**Varsity 9th—12th Grade**

**Varsity Intermediate \***

**Categories:**

**Jazz, Hip Hop, Lyrical/Contemporary and Open Team Performance**

**Studio/All-Star**

**Teams Divisions:**

**Mini 9 years old and younger**

**Youth 12 years old and younger**

**Junior 15 years old and younger**

**Senior 18 years old and younger**



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### **October 19-20, 2018**

#### **Categories:**

**Jazz, Hip Hop, Lyrical/Contemporary, Variety, and Solo, Duet/ Trio Performance**

### **Judging, Scoring & Prizes**

**Awards will be given to competitors in each division for each category. Senior and Junior "Grand Champion" will be awarded a trophy and a banner.**

**Awards will be presented in each session to each of the following categories:**

**Spirit Award, Best Choreography, Most Entertaining**

### **Fees**

**\$30 entry fee per dancer**

**\$10 entry fee per dancer for additional routines**

**1 Free Coaches for each registered team**

**Solo: \$40**

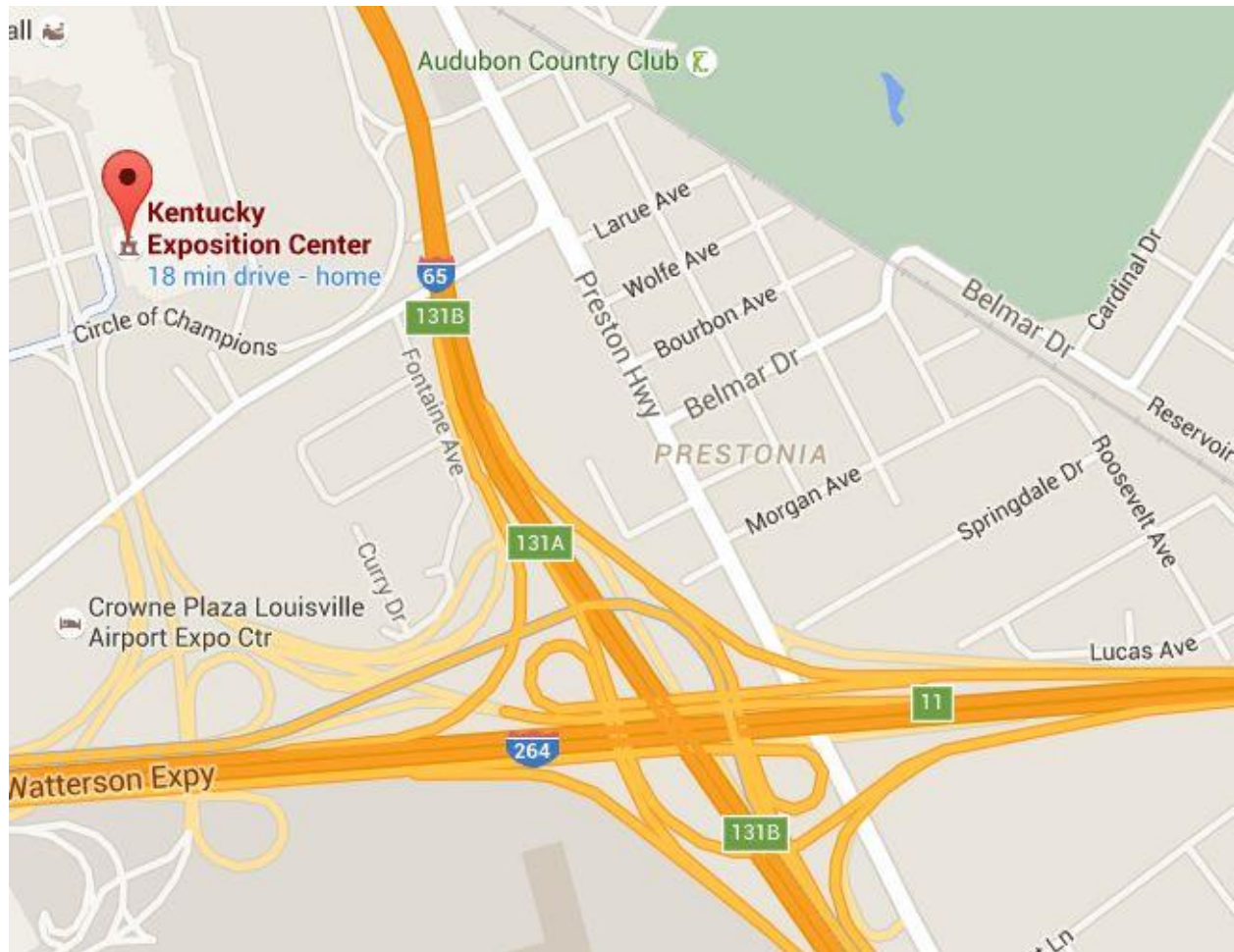
**Duet/Trio: \$60**

**Make Check Payable to: JCDanceChoreography. Send Registration, Waiver, & Payment by October 10<sup>st</sup> (\*\*No Refunds\*\*)**

**JCDanceChoreography  
c/o Joshua Clauser  
111 N. Ewing Ave #A11  
Louisville, KY 40206**



**KentuckyMuscle Dance Competition**  
**October 19-20, 2018**





**KentuckyMuscle Dance Competition  
October 19-20, 2018**

**KentuckyMuscle Dance 2018 Registration Form**

School/Studio Name \_\_\_\_\_

Coach/Sponsor \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # (cell) \_\_\_\_\_ (work) \_\_\_\_\_

Coach/Sponsor email: \_\_\_\_\_

**ROUTINES: Enter # of dancers in each category**

School Divisions	Jazz	Hip Hop	Lyrical/ Contemp	Open
Elementary				
Elementary Intermediate				
Middle School				
Middle School Intermediate				
High School				
High School Intermediate				



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Studio Divisions	Jazz	Hip Hop	Lyrical/ Contemp	Open
Mini All-star				
Youth All-star				
Junior All-star				
Senior All-star				

**Groups:**

**First Group Routine:**

By Sept 10 - \$30 x \_\_\_\_\_ #Dancers = \$ \_\_\_\_\_

**Additional Routines:**

\$10 x \_\_\_\_\_ #Dancers = \$ \_\_\_\_\_

**Solos, Duets, Trios:**

Studio Solos: \$40 x \_\_\_\_ # Solos = \$ \_\_\_\_\_

Studio Duets/Trios: \$60 x \_\_\_\_ # Duets/Trios = \$ \_\_\_\_\_

**Dance Total: \$ \_\_\_\_\_**

Please fill out and return this page with payment.  
DANCE TEAM WAIVER FORM

As the parent or guardian of the participant listed below, by your signature, you are agreeing to assume all liability for their participation in the KY Muscle Dance Competition. In consideration of being allowed to participate in any way in the 2018 NPC KENTUCKYMUSCLE CHAMPIONSHIPS ("Event") promoted by L. Brent Jones("Promoter") , KentuckyMuscle, llc. I acknowledge, appreciate and agree that: The risk of injury from the activities involved in this Event is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE PROMOTER AND/OR THE NPC or others, and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation, if, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation  
OFFICIAL ENTRY FORM: 2018 NPC KENTUCKYMUSCLE CHAMPIONSHIOPS FIGURE, BIKINI, BODYBUILDING, PHYSIQUE, FITNESS, DANCE  
October 19- 20, 2018

School/Studio Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

Coach's Signature: \_\_\_\_\_

	Participant Name	Grade (as of 8/1/18)	Guardian Signature	Date
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Coach's Signature: \_\_\_\_\_

	Participant Name	Grade (as of 8/1/18)	Guardian Signature	Date
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Phone # \_\_\_\_\_ Email \_\_\_\_\_

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	Participant Name	Grade (as of 8/1/18)	Guardian Signature	Date
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