

# Contest Information



## 2022 NPC KENTUCKY DERBY FESTIVAL CHAMPIONSHIPS BODYBUILDING, FIGURE, BIKINI, PHYSIQUE, WELLNESS, CLASSIC PHYSIQUE (National Qualifying Event - NPC Sanction)

***Keep this for contest information***

**APRIL 30, 2022**

### SCHEDULE:

- **Friday, April 29, 2022** at the **Louisville Marriott Downtown**, 140 N Fourth St, Louisville, KY 40202.
- **CHECK IN / WEIGH IN / HEIGHT CHECK SCHEDULE:** (All competitors must wear competition suits at weigh-in).
- 6:00 pm to 9:00pm Contestant Check-in (Louisville Marriott Downtown)
- (2022 NPC Cards available for purchase \$135 cash, check, or money order only)
- Official numbers will be assigned to all Athletes. Collection of cd's for evening posing (Bodybuilders, Women's Physique, and Classic Physique only).

**No profanity on cd permitted or athlete will be disqualified!**

**All competitors must check-in on Friday evening, April 26, 2022. There will be no late check-in on Saturday morning.**

**Saturday, April 30, 2022 at Kentucky International Convention Center**

- 9:15 am NPC Athlete Briefing
- 10:00 am NPC Prejudging
- 6:00 pm NPC Finals

### Host Hotel:

Louisville Marriott Downtown  
280 West Jefferson, Louisville, Kentucky 40202 USA  
Phone: 502-627-5045 Group Name: KentuckyMuscle  
Booking Link: [Reserved Your Room Here!](#)

Note: The host hotel is directly across the street to the Convention Center!

### Tanning Sponsor:

Liquid Sun Rays  
Schedule your Tan: [Schedule Your Tan Here!](#)

### Make-up Sponsor:

Karenne Styles  
Schedule your Tan: [Schedule Your MakeUp Here!](#)

**AWARDS:** Trophies will be presented to athletes 1st through 5th place in each weight group or class.

**MUSIC:** CD or USB are the only media type accepted. CD\USB must contain only one track and contestant name must be on media. Routines are limited to 60. **(applies to only bodybuilding, women's physique, and classic physique competitors).**

**ENTRY FEE:** Please either complete mail in entry form or complete the online entry form. Entry Fee is **\$100.00**. Crossover are additional **\$100.00**. For example: crossing over to 2 divisions\classes, then entry fee is **\$200**, crossing over to 3 divisions\classes entry fees is **\$300**. Check\ Money Order payable to KentuckyMuscle, llc: Mail to KentuckyMuscle, llc, PO Box 91048, Louisville, KY. 40281

**Online Registration:** <http://www.kentuckymuscle.com/KMOnlineRegistration.aspx>

**DEADLINE:** **Early Registration ends. Entries received after April 27, 2022 must add an additional \$50.00 Late Fee. Late registration will be open until April 27, 2022. No Entries will be accepted on April 30, 2022 (the day of the show).**

**TICKETS:** Visit [www.KentuckyMuscle.com](http://www.KentuckyMuscle.com) for advance ticket sales. Tickets paid by cc at the day of the show will be subject to a 2-dollar surcharge per ticket.

- Saturday Prejudging \$25.00
- Finals Show – VIP (center row seating) - 40.00
- Finals Show – Reserved (center row seating behind VIP) – 35.00
- General Admission - \$30.00

**VIDEO:** Video cameras **WILL NOT** be allowed into the venue.

**CONTACT:** For more information, call L. Brent Jones at (502) 387-3808, email at [LBrentJones@KentuckyMuscle.com](mailto:LBrentJones@KentuckyMuscle.com) or visit [KentuckyMuscle.com](http://KentuckyMuscle.com).

## **CROSSOVERS:**

Crossover means competing in more than one class or division - \$100.00 entry fee per class\division.

**CROSSOVERS ARE PERMITTED BETWEEN THE FOLLOWING DIVISIONS:**

**COMPETITORS CAN CROSSOVER!!**

Women's Physique, Figure, Bikini, Wellness CAN crossover!

Men's Physique, Bodybuilding, and Classic Men's Physique competitors CAN crossover!

## **DIVISIONS AND CLASSES**

### **BODYBUILDING DIVISION**

NPC National rules (<http://npcnewsonline.com/official-bodybuilding-rules/>)

**TEENAGE (18 TO 19 YR)**

**TRUE NOVICE LIGHTWEIGHT (FIRST CONTEST)**

**MASTERS 60+ (60 YR and OVER)**

**MASTERS 50+ (50 YR and OVER)**

**MASTERS 40+ (40 YR and OVER)**

NOVICE LIGHTWEIGHT (UP TO and INCL 165¼ LBS, NEVER PLACED 1ST IN CLASS)  
NOVICE MIDDLEWEIGHT (OVER 165-1/4 UP TO AND INCLUDING 187 1/4 lbs, NEVER PLACED 1ST IN CLASS)  
NOVICE HEAVYWEIGHT (OVER 187 1/4 LBS, NEVER PLACED 1ST IN CLASS)

**(NPC National Qualifier)**

OPEN BANTAMWEIGHT (UP TO and INCL 143¼ LBS)  
OPEN LIGHTWEIGHT (OVER 143¼ LBS UP TO and INCL 154¼ LBS)  
OPEN WELTERWEIGHT (OVER 154¼ LBS UP TO and INCL 165¼ LBS)  
OPEN MIDDLEWEIGHT (OVER 165¼ LBS UP TO and INCL 176¼ LBS)  
OPEN LIGHT HEAVYWEIGHT (OVER 176¼ LBS UP TO and INCL 198¼ LBS)  
OPEN HEAVYWEIGHT (OVER 198¼ LBS UP TO and INCL 225¼ LBS)  
OPEN SUPER HEAVYWEIGHT (OVER 225¼ LBS)

## **BIKINI DIVISION**

NPC National rules (<http://npcnewsonline.com/bikini-rules/>)

WOMEN'S BIKINI - TEENAGE (18 TO 19 YR)

TRUE NOVICE A (UP TO and INCL 5'2", FIRST CONTEST)  
TRUE NOVICE B (OVER 5'2" AND UP TO AND INCLUDING 5'4", FIRST CONTEST)  
TRUE NOVICE C (OVER 5'4" AND UP TO AND INCLUDING 5'6", FIRST CONTEST)  
TRUE NOVICE D (OVER 5'6", FIRST CONTEST)

COLLEGIATE

MASTERS 50+ (50 YR and OVER)

MASTERS 40+ (UP TO and INCL 5'4", 40 YR and OVER)  
MASTERS 40+ (OVER 5'4", 40 YR and OVER)

MASTERS 35+ A (UP TO INCL 5'4", 35 YR and OVER)  
MASTERS 35+ B (OVER 5'4", 35 YR and OVER)  
MASTERS 35+ C (OVER 5'4", 35 YR and OVER)

NOVICE A (UP TO and INCL 5'2", NEVER PLACED 1ST IN CLASS)  
NOVICE B (OVER 5'2" AND UP TO AND INCLUDING 5'4", NEVER PLACED 1ST IN CLASS)  
NOVICE C (OVER 5'4" AND UP TO AND INCLUDING 5'6", NEVER PLACED 1ST IN CLASS)  
NOVICE D (OVER 5'6", NEVER PLACED 1ST IN CLASS)

**(NPC National Qualifier)**

OPEN CLASS A (UP TO and INCL 5'1")  
OPEN CLASS B (OVER 5'1" UP TO and INCL 5'2")  
OPEN CLASS C (OVER 5'2" UP TO and INCL 5'3")  
OPEN CLASS D (OVER 5'3" UP TO and INCL 5'4")  
OPEN CLASS E (OVER 5'4" UP TO and INCL 5'5")  
OPEN CLASS F (OVER 5'5" UP TO and INCL 5'6")  
OPEN CLASS G (OVER 5'6" UP TO and INCL 5'7")  
OPEN CLASS H (OVER 5'7" )

## **MEN'S CLASSIC PHYSIQUE DIVISION**

NPC National rules (<http://npcnewsonline.com/classic-physique/>)

**TEENAGE (18 TO 19 YR)**

**TRUE NOVICE (FIRST CONTEST)**

**COLLEGIATE**

**MASTERS 60+ (60 YR and OVER – One Class)**

**MASTERS 50+ (50 YR and OVER – One Class)**

**MASTERS 40+ (40 YR and OVER – One Class)**

**MASTERS 35+ (35 YR and OVER)**

**NOVICE A (UP TO and INCL 5'9", NEVER PLACED 1ST IN CLASS)**

**NOVICE B (OVER 5'9", NEVER PLACED 1ST IN CLASS)**

**(NPC National Qualifier)**

**OPEN CLASS A (UP TO and INCL 5'7")**

**OPEN CLASS B (OVER 5'7", UP TO and INCL 5'10")**

**OPEN CLASS C (OVER 5'10", UP TO and INCL 6'0")**

**OPEN CLASS D (OVER 6'0")**

## **WOMEN'S WELLNESS DIVISION**

**NPC National rules (<http://npcnewsonline.com/wellness/>)**

**TRUE NOVICE (FIRST CONTEST)**

**COLLEGIATE**

**MASTERS 50+ (50 YR and OVER – One Class)**

**MASTERS 40+ (40 YR and OVER – One Class)**

**MASTERS 35+ (35 YR and OVER – One Class)**

**WOMEN'S WELLNESS - NOVICE**

**(NPC National Qualifier)**

**OPEN CLASS A (UP TO and INCL 5'2")**

**OPEN CLASS B (OVER 5'2" UP TO and INCL 5'4")**

**OPEN CLASS C (OVER 5'4" UP TO and INCL 5'6")**

**OPEN CLASS D (OVER 5'6")**

## **MEN'S PHYSIQUE DIVISION**

**NPC National rules (<http://npcnewsonline.com/official-npc-mens-physique-division/>)**

**TEENAGE (18 TO 19 YR)**

**TRUE NOVICE A (UP TO and INCL 5'8", FIRST CONTEST)**

**TRUE NOVICE B (OVER 5'8", FIRST CONTEST)**

**COLLEGIATE**

**MASTERS 60+ (50 YR and OVER)**

MASTERS 50+ (50 YR and OVER)  
MASTERS 40+ (40 YR and OVER)

MASTERS 35+ (UP TO and INCL 5'7")  
MASTERS 35+ (OVER 5'7" UP TO and INCL 5'10")  
MASTERS 35+ (OVER 5'10")

NOVICE A (UP TO & INCLUDING 5'6", NEVER PLACED 1ST IN CLASS)  
NOVICE B (OVER 5'6" UP TO INCLUDING 5'8", NEVER PLACED 1ST IN CLASS)  
NOVICE C (OVER 5'8" UP TO INCLUDING 5'10", NEVER PLACED 1ST IN CLASS)  
NOVICE D (OVER 5'10", NEVER PLACED 1ST IN CLASS)

**(NPC National Qualifier)**

OPEN CLASS A (UP TO and INCL 5'7")  
OPEN CLASS B (OVER 5'7" UP TO and INCL 5'8")  
OPEN CLASS C (OVER 5'8" UP TO and INCL 5'9")  
OPEN CLASS D (OVER 5'9" UP TO and INCL 5'11")  
OPEN CLASS E (OVER 5'11" UP TO and INCL 6'0")  
OPEN CLASS F (OVER 6'0")

## **WOMEN'S PHYSIQUE DIVISION**

NPC National rules (<http://npcnewsonline.com/official-npc-womens-physique-division/>)

TRUE NOVICE (FIRST CONTEST)

MASTERS 35+ (35 YR and OVER)

**(NPC National Qualifier)**

OPEN CLASS A (UP TO and INCL 5'4")  
OPEN CLASS B (OVER 5'4" AND UP TO AND INCLUDING 5'6"),  
OPEN CLASS C (UP TO and INCL 5'6")

## **WOMEN'S FIGURE DIVISION**

NPC National rules (<http://npcnewsonline.com/official-npc-figure-division-rules/>)

WOMEN'S FIGURE - TRUE NOVICE A (FIRST CONTEST)

MASTERS 50+ (50 YR and OVER)

MASTERS 40+ A (UP TO and INCL 5'4", 40 YR and OVER)  
MASTERS 40+ B (OVER 5'4", 40 YR and OVER)

MASTERS 35+ A (UP TO and INCL 5'4", 35 YR and OVER)  
MASTERS 35+ B (OVER 5'4", 35 YR and OVER)

NOVICE A (UP TO and INCL 5'4", NEVER PLACED 1ST IN CLASS)  
NOVICE B (OVER 5'4" and INCL 5'6", NEVER PLACED 1ST IN CLASS)  
NOVICE C (OVER 5'6", NEVER PLACED 1ST IN CLASS)

**(NPC National Qualifier)**

OPEN CLASS A (UP TO and INCL 5'1")  
OPEN CLASS B (OVER 5'1" UP TO and INCL 5'2 1/4")  
OPEN CLASS C (OVER 5'2 1/2" UP TO and INCL 5'4")

**OPEN CLASS D (OVER 5'4" UP TO and INCL 5'5 1/2")**

**OPEN CLASS E (OVER 5'5 1/2" UP TO and INCL 5'7")**

**OPEN CLASS F (OVER 5'7")**