

Contest Information



2021 IFBB / NPC KENTUCKYMUSCLE CHAMPIONSHIPS BODYBUILDING, FIGURE, BIKINI, PHYSIQUE, WELLNESS, CLASSIC PHYSIQUE (National Qualifying Event - NPC Sanction)

Keep this for contest information

OCTOBER 16, 2021

SCHEDULE:

- **Friday, October 15, 2021** at the Louisville Marriott Downtown, 140 N Fourth St, Louisville, KY 40202.
- **CHECK IN / WEIGH IN / HEIGHT CHECK SCHEDULE:** (All competitors must wear competition suits at weigh-in).
- **6:00 pm to 9:00pm** Contestant Check-in (Louisville Marriott Downtown)
- (2021 NPC Cards available for purchase \$135 cash, check, or money order only)
- Official numbers will be assigned to all Athletes. Collection of cd's for evening posing (Bodybuilders, Women's Physique, and Classic Physique only).

No profanity on cd permitted or athlete will be disqualified!

All competitors must check-in on Friday evening, October 15, 2021. There will be no late check-in on Saturday morning.

Saturday, October 16, 2021 at Louisville Memorial Auditorium

- **8:15 am** NPC Athlete Briefing
- **9:00 am** NPC Prejudging
- **6:00 pm** NPC Finals

Host Hotel:

Louisville Marriott Downtown
280 West Jefferson, Louisville, Kentucky 40202 USA
Phone: 502-627-5045 Group Name: KentuckyMuscle
Booking Link: [Reserved Your Room Here!](#)

Tanning Sponsor:

Liquid Sun Rays
Schedule your Tan: [Schedule Your Tan Here!](#)

Make-up Sponsor:

Karenne Styles
Schedule your Tan: [Schedule Your MakeUp Here!](#)

AWARDS: Trophies will be presented to athletes 1st through 5th place in each weight group or class.

MUSIC: CD or USB are the only media type accepted. CD\USB must contain only one track and contestant name must be on media. Routines are limited to 60. **(applies to only bodybuilding, women's physique, and classic physique competitors).**

ENTRY FEE: Please either complete mail in entry form or complete the online entry form. Entry Fee is **\$100.00**. Crossover are additional **\$100.00**. For example: crossing over to 2 divisions\classes, then entry fee is **\$200**, crossing over to 3 divisions\classes entry fees is **\$300**. Check\ Money Order payable to KentuckyMuscle, llc: Mail to KentuckyMuscle, llc, PO Box 91048, Louisville, KY. 40281

Online Registration: <http://www.kentuckymuscle.com/KMOnlineRegistration.aspx>

DEADLINE: **Early Registration ends. Entries received after October 21, 2021 must add an additional \$50.00 Late Fee. Late registration will be open until October 15, 2021. No Entries will be accepted on October 16, 2021 (the day of the show).**

TICKETS: Visit www.KentuckyMuscle.com for advance ticket sales. Tickets paid by cc at the day of the show will be subject to a 2-dollar surcharge per ticket.

- Saturday Prejudging \$25.00
- Finals Show – VIP (center row seating) - 40.00
- General Admission - \$30.00

VIDEO: Video cameras **WILL NOT** be allowed into the venue.

CONTACT: For more information, call L. Brent Jones at (502) 387-3808, email at LBrentJones@KentuckyMuscle.com or visit KentuckyMuscle.com.

CROSSOVERS:

Crossover means competing in more than one class or division - \$100.00 entry fee per class\division.

**CROSSOVERS ARE PERMITTED BETWEEN THE FOLLOWING DIVISIONS:
COMPETITORS CAN CROSSOVER!!**

Women's Physique, Figure, Bikini, Wellness CAN crossover!

Men's Physique, Bodybuilding, and Classic Men's Physique competitors CAN crossover!

DIVISIONS AND CLASSES

BODYBUILDING DIVISION

NPC National rules (<http://npcnewsonline.com/official-bodybuilding-rules/>)

TEENAGE (16 TO 19 YR)

TRUE NOVICE LIGHTWEIGHT (FIRST CONTEST)

MASTERS 60+ (60 YR and OVER)

MASTERS 50+ (50 YR and OVER)

MASTERS 40+ (40 YR and OVER)

NOVICE LIGHTWEIGHT (UP TO and INCL 165¼ LBS, NEVER PLACED 1ST IN CLASS)

NOVICE MIDDLEWEIGHT (OVER 165-1/4 UP TO AND INCLUDING 187 1/4 lbs, NEVER PLACED 1ST IN CLASS)

NOVICE HEAVYWEIGHT (OVER 187 1/4 LBS, NEVER PLACED 1ST IN CLASS)

(NPC National Qualifier)

OPEN BANTAMWEIGHT (UP TO and INCL 143¼ LBS)

OPEN LIGHTWEIGHT (OVER 143¼ LBS UP TO and INCL 154¼ LBS)

OPEN WELTERWEIGHT (OVER 154¼ LBS UP TO and INCL 165¼ LBS)

OPEN MIDDLEWEIGHT (OVER 165¼ LBS UP TO and INCL 176¼ LBS)

OPEN LIGHT HEAVYWEIGHT (OVER 176¼ LBS UP TO and INCL 198¼ LBS)

OPEN HEAVYWEIGHT (OVER 198¼ LBS UP TO and INCL 225¼ LBS)

OPEN SUPER HEAVYWEIGHT (OVER 225¼ LBS)

BIKINI DIVISION

NPC National rules (<http://npcnewsonline.com/bikini-rules/>)

WOMEN'S BIKINI - TEENAGE (16 TO 19 YR)

TRUE NOVICE A (UP TO and INCL 5'2", FIRST CONTEST)

TRUE NOVICE B (OVER 5'2" AND UP TO AND INCLUDING 5'4", FIRST CONTEST)

TRUE NOVICE C (OVER 5'4" AND UP TO AND INCLUDING 5'6", FIRST CONTEST)

TRUE NOVICE D (OVER 5'6", FIRST CONTEST)

COLLEGIATE

MASTERS 50+ (50 YR and OVER)

MASTERS 40+ (UP TO and INCL 5'4", 40 YR and OVER)

MASTERS 40+ (OVER 5'4", 40 YR and OVER)

MASTERS 35+ A (UP TO INCL 5'4", 35 YR and OVER)

MASTERS 35+ B (OVER 5'4", 35 YR and OVER)

MASTERS 35+ C (OVER 5'4", 35 YR and OVER)

NOVICE A (UP TO and INCL 5'2", NEVER PLACED 1ST IN CLASS)

NOVICE B (OVER 5'2" AND UP TO AND INCLUDING 5'4", NEVER PLACED 1ST IN CLASS)

NOVICE C (OVER 5'4" AND UP TO AND INCLUDING 5'6", NEVER PLACED 1ST IN CLASS)

NOVICE D (OVER 5'6", NEVER PLACED 1ST IN CLASS)

(NPC National Qualifier)

OPEN CLASS A (UP TO and INCL 5'1")

OPEN CLASS B (OVER 5'1" UP TO and INCL 5'2")

OPEN CLASS C (OVER 5'2" UP TO and INCL 5'3")

OPEN CLASS D (OVER 5'3" UP TO and INCL 5'4")

OPEN CLASS E (OVER 5'4" UP TO and INCL 5'5")

OPEN CLASS F (OVER 5'5" UP TO and INCL 5'6")

OPEN CLASS G (OVER 5'6" UP TO and INCL 5'7")

OPEN CLASS H (OVER 5'7")

MEN'S CLASSIC PHYSIQUE DIVISION

NPC National rules (<http://npcnewsonline.com/classic-physique/>)

TEENAGE (16 TO 19 YR)

TRUE NOVICE (FIRST CONTEST)

COLLEGIATE

MASTERS 35+ (35 YR and OVER)

NOVICE A (UP TO and INCL 5'9", NEVER PLACED 1ST IN CLASS)

NOVICE B (OVER 5'9", NEVER PLACED 1ST IN CLASS)

(NPC National Qualifier)

OPEN CLASS A (UP TO and INCL 5'7")

OPEN CLASS B (OVER 5'7", UP TO and INCL 5'10")

OPEN CLASS C (OVER 5'10", UP TO and INCL 6'0")

OPEN CLASS D (OVER 6'0")

WOMEN'S WELLNESS DIVISION

NPC National rules (<http://npcnewsonline.com/wellness/>)

TRUE NOVICE (FIRST CONTEST)

COLLEGIATE

MASTERS 50+

MASTERS 40+

MASTERS 35+

WOMEN'S WELLNESS - NOVICE

(NPC National Qualifier)

OPEN CLASS A (UP TO and INCL 5'2")

OPEN CLASS B (OVER 5'2" UP TO and INCL 5'4")

OPEN CLASS C (OVER 5'4" UP TO and INCL 5'6")

OPEN CLASS D (OVER 5'6")

MEN'S PHYSIQUE DIVISION

NPC National rules (<http://npcnewsonline.com/official-npc-mens-physique-division/>)

TEENAGE (16 TO 19 YR)

TRUE NOVICE A (UP TO and INCL 5'8", FIRST CONTEST)

TRUE NOVICE B (OVER 5'8", FIRST CONTEST)

COLLEGIATE

MASTERS 60+ (50 YR and OVER)

MASTERS 50+ (50 YR and OVER)

MASTERS 40+ (40 YR and OVER)

MASTERS 35+ (UP TO and INCL 5'7")

MASTERS 35+ (OVER 5'7" UP TO and INCL 5'10")

MASTERS 35+ (OVER 5'10")

NOVICE A (UP TO & INCLUDING 5'6", NEVER PLACED 1ST IN CLASS)
NOVICE B (OVER 5'6" UP TO INCLUDING 5'8", NEVER PLACED 1ST IN CLASS)
NOVICE C (OVER 5'8" UP TO INCLUDING 5'10", NEVER PLACED 1ST IN CLASS)
NOVICE D (OVER 5'10", NEVER PLACED 1ST IN CLASS)

(NPC National Qualifier)

OPEN CLASS A (UP TO and INCL 5'7")
OPEN CLASS B (OVER 5'7" UP TO and INCL 5'8")
OPEN CLASS C (OVER 5'8" UP TO and INCL 5'9")
OPEN CLASS D (OVER 5'9" UP TO and INCL 5'11")
OPEN CLASS E (OVER 5'11" UP TO and INCL 6'0")
OPEN CLASS F (OVER 6'0")

WOMEN'S PHYSIQUE DIVISION

NPC National rules (<http://npcnewsonline.com/official-npc-womens-physique-division/>)

TRUE NOVICE (FIRST CONTEST)

MASTERS 35+ (35 YR and OVER)

(NPC National Qualifier)

OPEN CLASS A (UP TO and INCL 5'4")
OPEN CLASS B (OVER 5'4" AND UP TO AND INCLUDING 5'6"),
OPEN CLASS C (UP TO and INCL 5'6")

WOMEN'S FIGURE DIVISION

NPC National rules (<http://npcnewsonline.com/official-npc-figure-division-rules/>)

WOMEN'S FIGURE - TRUE NOVICE A (FIRST CONTEST)

MASTERS 50+ (50 YR and OVER)

MASTERS 40+ A (UP TO and INCL 5'4", 40 YR and OVER)
MASTERS 40+ B (OVER 5'4", 40 YR and OVER)

MASTERS 35+ A (UP TO and INCL 5'4", 35 YR and OVER)
MASTERS 35+ B (OVER 5'4", 35 YR and OVER)

NOVICE A (UP TO and INCL 5'4", NEVER PLACED 1ST IN CLASS)
NOVICE B (OVER 5'4" and INCL 5'6", NEVER PLACED 1ST IN CLASS)
NOVICE C (OVER 5'6", NEVER PLACED 1ST IN CLASS)

(NPC National Qualifier)

OPEN CLASS A (UP TO and INCL 5'1")
OPEN CLASS B (OVER 5'1" UP TO and INCL 5'2 1/4")
OPEN CLASS C (OVER 5'2 1/2" UP TO and INCL 5'4")
OPEN CLASS D (OVER 5'4" UP TO and INCL 5'5 1/2")
OPEN CLASS E (OVER 5'5 1/2" UP TO and INCL 5'7")
OPEN CLASS F (OVER 5'7")