

Contest Information



2017 NPC KENTUCKYMUSCLE BODYBUILDING & FIGURE & BIKINI PHYSIQUE CHAMPIONSHIPS (National Qualifying Event - NPC Sanction)

Keep this for contest information

DIVISIONS AND CLASSES

BODYBUILDING DIVISION

Open Men's Bodybuilding **(NPC National Qualifier)**

7 Classes

- Bantamweight - Up to 143-1/4 lbs
- Lightweight - Over 143-1/4 lbs up to & including 154-1/4 lbs
- Welterweight - Over 154-1/4 lbs up to & including 165-1/4 lbs
- Middleweight - Over 165-1/4 lbs up to & including 176-1/4 lbs
- Lightweight - Over 176-1/4 lbs up to & including 198-1/4 lbs
- Heavyweight - 198-1/4 lbs – 225lbs
- Super Heavyweight – over 225 ¼

Master's Men's Bodybuilding

3 Classes

- 40 - 49 years old
- 50 – 59 years old
- 60 – over

Teenage Men's Bodybuilding:

1 Class

- 16 - 19 years old

Novice Men's Bodybuilding

3 Classes

- Lightweight – up to 165 lbs
- Middleweight – over 165 to up to & including 187lbs
- Heavyweight – over 187 lbs

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PHYSIQUE DIVISION

Men's Physique Open (NPC National Qualifier)

6 Classes

- CLASS A - Up to & including 5`7"
- CLASS B - Over 5`7" up to & including 5`8"
- CLASS C - Over 5`8" up to & including 5`9"
- CLASS D - Over 5`9" up to & including 5`11"
- CLASS E - Over 5`11 up to & including 6`
- CLASS F - Over 6`

Collegiate Men's Physique

2 Classes

- Up to & including 5`8"
- Over 5`8"

Novice Men's Physique

4 Classes

- Up to & including 5`6"
- Over 5`6" up to including 5`8"
- Over 5`8" up to including 5`10"
- Over 5`10"

Master's Men's Physique +35

3 Classes

- Up to & including 5`7"
- Over 5`7" up to including 5`10"
- Over 5`10"

Master's Men's Physique +45

1 Class

- 45 years old & Over

Master's Men's Physique +55

1 Class

55 years old & Over

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Teenage Men's Physique

1 Class:

- 16 - 19 years old

Open Women's Physique

2 Classes

- Height classes to be determined at check-in's

Master's Women's Physique

1 Class

- 35 years old & Over

CLASSIC PHYSIQUE DIVISION

****NEW** CLASSIC MEN'S PHYSIQUE** (National Qualifier) - For competitors who want to present more muscular size than is currently acceptable for Men's Physique, but not as extreme for Bodybuilding. ****CLASSIC MEN'S PHYSIQUE CAN CROSSOVER!!****

Judging Criteria - Muscularity and Body Condition - Judges will be looking for muscular size, symmetry, balance and proportion, with an emphasis on definition and condition. The ideal physique will display an aesthetic appearance highlighted by a small waist,

Classic Men's Physique Suits - POSING TRUNKS, which can be found on: https://www.npc-wear.com/product_detail.cfm?id=344

PREJUDGING POSES - * Quarter Turns * Front Double Biceps * Side Chest * Back Double Biceps * Abdominal's and Thighs * Favorite Classic Pose (NO "most muscular")

FINALS POSING - ALL competitors will perform a 60 second posing routine to their music up to a maximum 60 seconds.

3 Classic Open Men's Physique Classes Include:

DIVISION "A" - (UP TO AND INCLUDING 5`7"):

*Up to & including 5`4" with a bodyweight up to & including 155 lbs

*Over 5`4" up to & including 5`5" with a bodyweight up to & including 160 lbs

*Over 5`5" up to & including 5`6" with a bodyweight up to & including 165 lbs

*Over 5`6" up to & including 5`7" with a bodyweight up to & including 170 lbs

CLASS B - (OVER 5`7", UP TO AND INCLUDING 5`10"):

*Over 5`7" up to & including 5`8" with a bodyweight up to & including 177 lbs

*Over 5`8" up to & including 5`9" with a bodyweight up to & including 185 lbs

*Over 5`9" up to & including 5`10" with a bodyweight up to & including 192 lbs

CLASS C - (OVER 5`10"):

*Over 5`10" up to & including 5`11" with a bodyweight up to & including 200 lbs

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*Over 5`11" up to & including 6`0" with a bodyweight up to & including 207 lbs

*Over 6`0" up to & including 6`1" with a bodyweight up to & including 215 lbs

*Over 6`1" up to & including 6`2" with a bodyweight up to & including 225 lbs

*Over 6`2" up to & including 6`3" with a bodyweight up to & including 232 lbs

*Over 6`3" up to & including 6`5" with a bodyweight up to & including 240 lbs

*Over 6`4" up to & including 6`5" with a bodyweight up to & including 247 lbs

*Over 6`5" up to & including 6`6" with a bodyweight up to & including 255 lbs

*Over 6`6" up to & including 6`7" with a bodyweight up to & including 262 lbs

*Over 6`7" with a bodyweight up to & including 270 lbs

NO refunds for any athlete that does not make weight. Any competitor who doesn't make weight can compete in Bodybuilding or Men's Physique.

More information can be found on www.npcnewsonline.com

2 Classes Novice Classic Men's Physique Classes

- Height classes to be determined at check-in's

1 Class MASTER's Classic Men's Physique Classes

- 35 years old & Over

FIGURE DIVISION

OPEN FIGURE

(NPC National Qualifier)

6 Classes

- CLASS A - Up to and including 5'1"
- CLASS B - Over 5'1" and up to and including 5'2-1/2"
- CLASS C - Over 5'2-1/2" and up to and including 5'4"
- CLASS D - Over 5'4" and up to and including 5'5-1/2"
- CLASS E - Over 5'5-1/2" and up to and including 5'7"
- CLASS F - Over 5'7"

NOVICE FIGURE

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4 Classes

- CLASS A - *Up to and including 5'2"*
- CLASS B - *Over 5'2" and up to and including 5'4"*
- CLASS C - *Over 5'4" and up to and including 5'6"*
- CLASS D - *Over 5'6"*

MASTER FIGURE +35

3 Classes

- CLASS A - *Up to and including 5'4"*
- CLASS B - *Over 5'4" and up to and including 5'6"*
- CLASS C - *Over 5'6"*

MASTER FIGURE +40

3 Classes

- CLASS A - *Up to and including 5'4"*
- CLASS B - *Over 5'4" and up to and including 5'6"*
- CLASS C - *Over 5'6"*

MASTER FIGURE +50

1 Class

BIKINI DIVISION

OPEN BIKINI:

(NPC National Qualifier)

8 Classes:

Class A: *Up to and including 5'1"*

Class B: *Over 5'1" and up to and including 5'2"*

Class C: *Over 5'2" and up to and including 5'3"*

Class D: *Over 5'3" and up to and including 5'4"*

Class E: *Over 5'4" and up to and including 5'5"*

Class F: *Over 5'5" and up to and including 5'6"*

Class G: *Over 5'6" and up to and including 5'7"*

Class H: *Over 5'7"*

NOVICE BIKINI

4 Classes

- CLASS A - *Up to and including 5'2"*

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- CLASS B - Over 5'2" and up to and including 5'4"
- CLASS C - Over 5'4" and up to and including 5'6"
- CLASS D - Over 5'6"

COLLEGIATE BIKINI

3 Classes

- CLASS A - Up to and including 5'4"
- CLASS B - Over 5'4" and up to and including 5'6"
- CLASS C - Over 5'6"

MASTER BIKINI +35

3 Classes

- CLASS A - Up to and including 5'4"
- CLASS B - Over 5'4" and up to and including 5'6"
- CLASS C - Over 5'6"

MASTER BIKINI +40

3 Classes

- CLASS A - Up to and including 5'4"
- CLASS B - Over 5'4" and up to and including 5'6"
- CLASS C - Over 5'6"

MASTER BIKINI +50

3 Classes

- CLASS A - Up to and including 5'4"
- CLASS B - Over 5'4"

TEENAGE BIKINI

1 Class

FITNESS DIVISION

OPEN FITNESS

(NPC National Qualifier)

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1 Class

CROSSOVERS:

Crossover means competing in more than one division - \$100.00 entry fee per class.
CROSSOVERS ARE PERMITTED BETWEEN THE FOLLOWING DIVISIONS:

COMPETITORS CAN CROSSOVER!!

Women's Physique, Figure & Bikini competitors CAN crossover! Men's Physique, Bodybuilding, and Classic Men's Physique competitors CAN crossover!

- DATE:** FRIDAY, Registration All Competitors October 27, 2017(at the Host Hotel –Crown Plaza)
SATURDAY, October 28, 2017– Prejudging: 9:00 a.m. – Evening Finals: 6:00 p.m.
- LOCATION:** Check-in will be at The Crown Plaza Grand Ball Room, 830 Phillips Ln, Louisville, KY 40209. For directions go to www.KentuckyMuscle.com or www.expedia.com/Maps and use the above address as the destination.
- LODGING:** Crown Plaza Hotel & Suites | 830 Phillips Ln, Louisville, KY 40209 | 502. (502) 367-2251

(Make your reservations directly with the hotel. Group Name: KentuckyMuscle) Make your reservation early!!!
- TANNING** Liquid Sun Rayz is our tanning sponsor and will be at the host hotel for tanning. Contact Marilyn at 513.460.6152 or visit <http://liquidsunrayz.com> to make an appointment.
- MAKEUP** Glossa is our tanning sponsor and will be at the host hotel for Makeup. Contact Lyndsey at 859.816.5647 or visit <http://www.glossamakeup.net> to make an appointment.
- ELIGIBILITY:** This contest is open to all NPC registered athletes who meet the following requirements:
1. Possess a current 2017 NPC card (unregistered athletes may purchase cards for \$125 at check-in).
 2. Novice contestants are eligible if they have never won an overall in any NPC sanctioned event.
 3. Men's Masters, Master's Figure, and Master Bikini must meet the age requirements for the class they are entering.
 4. Teenage contestants may not have reached their 20th birthday by the day of the show.
 5. Collegiate contestants must include an Active College Id or transcript with their application. Collegiate Contestants age limit is 25years old.
 6. Bodybuilding, Figure, and Bikini, and Physique contestants may crossover . No crossover for Fitness or Classic Physique
 7. Each crossover contestant must pay a separate entry fee for each division entered (\$100 per division\Class).
 8. The Men's Open, Women's Open, Open Bikini, Open Figure, Open Fitness, Open Physique classes are NPC national qualifying events.
 9. Teen, Collegiate, and Master's classes are NPC Teen \ Master's \ Collegiate National qualifying events.

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SCHEDULE:

Friday, October 27, 2017 at the Crown Plaza,.

CHECK IN / WEIGH IN / HEIGHT CHECK SCHEDULE: (Bodybuilding competitors must wear competition posing suits at weigh-in.)

6:00 pm to 9:00pm Contestant Check-in (The Crown Plaza)

(2017 NPC Cards available for purchase \$120 cash, check, or money order only)

Official numbers will be assigned to all Athletes. Collection of cd's for evening posing (Bodybuilders, Women's Physique, and Classic Physique only).

No profanity on cd permitted or athlete will be disqualified!

All competitors must check-in on Friday evening, April 28, 2017. There will be no late check-in on Saturday morning.

Saturday, October 28, 2017 at Crown Plaza Grand Ballroom

8:00 am NPC Athlete Briefing

9:00 am IFBB/NPC Prejudging

6:00 pm NPC Finals

AWARDS: Trophies will be presented to athletes 1st through 5th place in each weight group or class.

MUSIC: CD's are the only media type accepted. CD must contain only one track, must be limited to 60 seconds for bodybuilder and women's physique, 120 for fitness competitors, and must bear the contestant's name (applies to only bodybuilding, women's physique, Fitness, and Classic Physique).

ENTRY FEE: Please complete this form and mail with check or money order or CC payment for **\$100.00** (each crossover include an additional **\$100.00**) For example: crossing over to 2 divisions\classes then entry fee is **\$200**, crossing over to 3 divisions\classes entry fee is **\$300**. Check\ Money Order payable to KentuckyMuscle, llc: Mail to KentuckyMuscle, llc , PO Box 91048, Louisville, KY. 40291 Note: Collegiate Divisions Entry fee is \$75.00

DEADLINE: ****** Oct 25, 2017. **** Early Registration ends. Entries received after October 25, 2017 must add an additional \$50.00 Late Fee. Late registration will be open until October 27, 2017. No Entries will be accepted on October 28, 2017 (the day of the show).**

TICKETS: Visit www.KentuckyMuscle.com for advance ticket sales.
Tickets paid by cc at the day of the show will be subject to a 2-dollar surcharge per ticket.

- Saturday Prejudging \$20.00
- Finals Show – VIP (center row seating) - 35.00
- Reserved Section \$30.00
- General Admission - \$25.00

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VIDEO:

Video cameras **WILL NOT** be allowed into the venue. Orders for the official KentuckyMuscle Championship video will be taken at the evening show.

CONTACT:

For more information, call L. Brent Jones at (502) 387-3808, email at LBrentJones@KentuckyMuscle.com or visit KentuckyMuscle.com.