



## 2017 KentuckyMuscle Strength & Fitness Expo

Oct 28. 2017

Kentucky Expo Center

Saturday October 28, 2017

Time: 9:00AM

Location: Expo Center

### Prejudging.

#### IFBB PRO DIVISIONS

- IFBB Pro Men's Physique
- IFBB Pro Figure

#### NPC DIVISIONS

- Fitness Routines
- Open Men's Bodybuilding
- Master Men's Bodybuilding
- Novice Men's Bodybuilding
- Teen Men Bodybuilding
- Open Bikini
- Master Bikini
- Novice Bikini
- Collegiate Bikini
- Teen Bikini
- Classic Men's Physique
- Classic Men's Physique Masters
- Fitness Awards
- Open Figure
- Masters Figure
- Novice Figure
- Open Men's Physique
- Master Men's Physique
- Novice Men's Physique
- Collegiate Men's Physique
- Teen Men's Physique
- Open Women's Physique
- Master Women's Physique

•

Saturday October 28, 2017

Time: 6:00pm

Location: Expo Center

### Finals

#### IFBB PRO DIVISIONS

- IFBB Pro Men's Physique
- IFBB Pro Figure

#### NPC DIVISIONS

- Fitness Routines
- Open Men's Bodybuilding
- Master Men's Bodybuilding
- Novice Men's Bodybuilding
- Teen Men Bodybuilding
- Open Bikini
- Master Bikini
- Novice Bikini
- Collegiate Bikini
- Teen Bikini
- Classic Men's Physique
- Classic Men's Physique Masters
- Fitness Awards
- Open Figure
- Masters Figure
- Novice Figure
- Open Men's Physique
- Master Men's Physique
- Novice Men's Physique
- Collegiate Men's Physique
- Teen Men's Physique
- Open Women's Physique
- Master Women's Physique



## 2017 KentuckyMuscle Strength & Fitness Expo

Oct 28. 2017

Kentucky Expo Center

### Falls City Downtown Throw down CrossFit

- Date: Saturday October 28th, 2017
- Location: Expo Center
- Doors : Open 8:30am
- Checkin: TBA
- Competition Starts at 9:00 am

### 11th Annual KentuckyMuscle US Arm-Wrestling Championships

- Date: Saturday October 28th, 2017
- Location: Expo Center
- Doors Open 8:30am
- Weigh-ins: Host Hotel Crown Plaza Fri. 10/27/17 - 4 :00pm to 7:00pm OR Expo Center Sat. 10/28 8 to 10 am
- Competition Starts 11L:00am

### KentuckyMuscle Powerlifting Championships

- Saturday October 28th, 2017
- Location: Expo Center
- Doors Open 8:30am
- Weigh-ins: Host Hotel Crown Plaza Fri. 10/27/17 4:00pm to 7pm OR Expo Center Sat. 10/28 7:00am to 9:30am
- Competition Starts at 9:00am.

### NAS Kentucky Strongest Man & Woman.

- Saturday October 28th, 2017
- Location: Expo Center
- Doors Open 8:30am
- Weigh-ins: Host Hotel Crown Plaza Fri. 10/27/17 9 pm to 2pm / 2pm to 5:00pm OR Expo Center Sat. 10/28 8 to 9:30 am
- Competition Starts at 9:00am.