



OFFICIAL USE ONLY

DIVISION \_\_\_\_\_
CLASS \_\_\_\_\_
WEIGHT \_\_\_\_\_
NUMBER \_\_\_\_\_

OFFICIAL ENTRY FORM
2010 NPC KENTUCKYMUSCLE BODYBUILDING & FIGURE & BIKINI CHAMPIONSHIPS
A NATIONAL QUALIFYING EVENT (NPC sanction #10802)

Please complete this form and mail with check or money order for \$65.00 (crossovers complete a separate entry and include an additional \$65.00) to: KentuckyMuscle, LLC, C/O L. Brent Jones, 8516 Grand Neptune Drive, Louisville, KY. 40228. Entry Forms must be received by Monday, November 8, 2010. \*\*\*\* No entries accepted AFTER November 8, 2010. \*\*\*\* No Refunds on Entry Fees
For more information, call L. Brent Jones at (502) 387-3808, email at lbrentjones@KentuckyMuscle.com or visit www.KentuckyMuscle.com

Name \_\_\_\_\_ Phone No. (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age \_\_\_\_ Height \_\_\_\_ Expected Weight \_\_\_\_\_

Please check the one division you intend to compete in. (Crossovers need to fill out a separate entry form.)

Bodybuilding Divisions

\_\_\_\_ Men's Open \_\_\_\_ Men's Novice \_\_\_\_ Men's Masters 40+ \_\_\_\_ Men's Masters 50+ \_\_\_\_ Men's Masters 60+
\_\_\_\_ Teenage \_\_\_\_ Women's Open

Figure & Bikini Divisions

\_\_\_\_ Open Bikini \_\_\_\_ Open Figure \_\_\_\_ Master's Figure 35+ \_\_\_\_ Master's Figure 45+

In consideration of your acceptance of this entry, I hereby waive and release all rights and claims for damages against L. Brent Jones (Promoter), Kentucky International Convention Center, KentuckyMuscle, llc., the National Physique Committee of the USA, Inc. (NPC) and their associated bodies, officials, agents, employees or assigns by reason of injuries or damages which I may incur while traveling to or from, or participating in this contest. And in further consideration, I hereby grant the promoter and/or any other promoter-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The fore mentioned rights may be reassigned at any time without further consent. I certify that I am an amateur in good standing and eligible to compete in this event. I further agree to abide by all decisions of the competition director, NPC, the respective judges and declare that all the information contained herein is to the best of my knowledge true, correct and complete.

(Competitor's Signature)

(Parent/Guardian if under 18 years old)

BIO SHEET (Please complete for emcee - return with your entry form)

Name: \_\_\_\_\_ Age: \_\_\_\_\_

City & State: \_\_\_\_\_

Occupation: \_\_\_\_\_

Gym or Sponsor: \_\_\_\_\_ What are your hobbies? \_\_\_\_\_

Local Newspaper(s): \_\_\_\_\_ Local TV Station(s): \_\_\_\_\_

Email (Please Print Clearly): \_\_\_\_\_

EMCEE USE ONLY

Number \_\_\_\_\_

Division \_\_\_\_\_ Class \_\_\_\_\_

# Contest Information



Presents



**KentuckyMuscle**

## 2010 NPC KENTUCKYMUSCLE BODYBUILDING & FIGURE & BIKINI CHAMPIONSHIPS (National Qualifying Event - NPC Sanction# 10802) *Keep this for contest information*

- DATE:** **FRIDAY**, Registration All Competitors November 12, 2010 (at the Host Hotel –Galt House)  
**SATURDAY**, November 13, 2010 – Prejudging: 12:30 p.m. – Evening Finals: 7:00 p.m.
- LOCATION:** The Kentucky International Convention Center, 221 4th Street, Louisville, KY 40228. For directions go to [www.KentuckyMuscle.com](http://www.KentuckyMuscle.com) or [www.expedia.com/Maps](http://www.expedia.com/Maps) and use the above address as the destination.
- LODGING:** Galt House Hotel & Suites | 140 North Fourth Street | Louisville, KY 40202 | 502.589.5200  
(Make your reservations directly with the hotel. Group Name: **KentuckyMuscle**) Make your reservation early!!! **Group Room Rate: \$99.00 single \$115.00 suite**
- TANNING** **Liquid Sun Rayz is our tanning sponsor and will be at the host hotel for tanning. Contact Marilyn at 513.460.6152 or visit <http://liquidsunrayz.com> to make an appointment.**
- ELIGIBILITY:** This contest is open to all NPC registered athletes who meet the following requirements:
1. Possess a current 2010 NPC card (unregistered athletes may purchase cards for \$90 at check-in).
  2. Novice contestants are eligible if they have never won an overall title in any NPC sanctioned event.
  3. Men's Masters and Master's Figure must meet the age requirements for the class they are entering.
  4. Teenage contestants may not have reached their 20th birthday by the day of the show.
  5. All Open Figure competitors must be 18 years of age or older the day of the contest.
  6. Bodybuilding Contestants may crossover to the men's open division only. Figure contestants may crossover to the figure open division only (No crossovers from figure to bodybuilding).
  7. Each crossover contestant must pay a separate entry fee for each division entered (\$60 per division or \$120 total).
  8. The Men's Open, Women's Open and Open Figure classes are NPC national qualifying events.

### DIVISIONS/CLASSES:

#### Men's Open Bodybuilding

Bantam Wt. – up to 143 ¼  
Light Wt. – 143 ¼ -154 ¼  
Welter Wt. – 154 ¼ - 165 ¼  
Middle Wt. – 165 ¼ -176 ¼  
Light Hwy. Wt. – 176 ¼ -198 ¼  
Heavy Wt. – 198 ¼-225 ¼  
Super Hwy. Wt. – over 225 ¼

#### Bikini

Bikini Short  
Bikini Tall

#### Men's Novice Bodybuilding

Lightweight – up to 154 ¼  
Middleweight – 154 ¼ -176 ¼  
Light Heavyweight – 176 ¼ -198 ¼  
Heavyweight – over 198 ¼

#### Women's Open Bodybuilding

Lightweight – up to 125  
Middleweight – 125-140  
Heavyweight – over 140

#### Open Figure

Up to 5'2"  
Over 5'2" to 5'4"  
Over 5'4" to 5'6"  
Over 5'6"

#### Men's Masters Bodybuilding

(One class per group)  
Over 40 years of age  
Over 50 years of age  
Over 60 years of age

#### Teenage Bodybuilding

(One class)

#### Master's Figure 35+

Up to 5'4"  
Over 5'4"

#### Master's Figure 45+

(One class)

### SCHEDULE:

**November 8, 2010 Last day to register**

**Friday, November 12 at the Galt House, 140 N Fourth St, Louisville, KY 40202.**

**CHECK IN / WEIGH IN / HEIGHT CHECK SCHEDULE: (Bodybuilding competitors must wear competition posing suits at weigh-in.**

**7:00 pm Teenage and Novice Bodybuilding**

**7:30 pm Masters and Open Bodybuilding**

**8:00 pm Womens Bodybuilding**

**8:15 pm Masters and Open Figure**

**8:30 pm Bikini**

**8:30-9:00 pm FINAL CHECK IN / WEIGH IN / HEIGHT CHECK: all divisions**

**All competitors must check-in on Friday evening, November 13. There will be no late check-in on Saturday morning.**

**Saturday, November 13 at Kentucky International Convention Center**

**10:00 am NPC Athlete Briefing**

**Official numbers will be assigned to Athletes**

**Collection of cd's for evening presentation (Bodybuilders only)**

**No profanity on cd permitted or athlete will be disqualified!**

**11:00 am IFBB Pro-Figure Prejudging**

**12:30 pm NPC Bodybuilding, Figure, and Bikini prejudging**

**7:00 pm IFBB Pro-Figure & NPC Bodybuilding, Figure, and Bikini Finals**

**AWARDS:** Trophies will be presented to athletes 1st through 5th place in each weight group or class.

**MUSIC:** CD's are the only media type accepted. CD must contain only one track, must be limited to 60 seconds, and must bear the contestant's name (applies to only bodybuilding competitors).

**ENTRY FEE:** Please complete this form and mail with check or money order for **\$65.00** (crossovers complete a separate entry and include an additional **\$65.00**) to: KentuckyMuscle, LLC C/O L. Brent Jones, 8516 Grand Neptune Drive, Louisville, KY. 40228.

**DEADLINE:** **\*\*\*\*No entries accepted after November 8, 2010. \*\*\*\*** You must register by November 8, 2010. **No Entries will be accepted on the day of the show.**

**TICKETS:** Visit [www.KentuckyMuscle.com](http://www.KentuckyMuscle.com) for advance ticket sales.  
**Tickets sold at the day of the show will be subject to a 2-dollar surcharge per ticket.**

- Saturday Prejudging & Expo \$15.00
- Finals Show – VIP (center row seating) - 35.00
- Reserved Section \$30.00
- General Admission - \$25.00

**VIDEO:** Video cameras **WILL NOT** be allowed into the venue. Orders for the official KentuckyMuscle Championship video will be taken at the evening show.

**CONTACT:** For more information, call L. Brent Jones at (502) 387-3808, email at [LBrentJones@KentuckyMuscle.com](mailto:LBrentJones@KentuckyMuscle.com) or visit [KentuckyMuscle.com](http://KentuckyMuscle.com).